

2009 CIGNA Forum

challenging times require great **partners**

you're invited

Tuesday, August 18

9:00 am – 3:00 pm

The Ritz-Carlton

1 N. Ft. Lauderdale Beach Blvd.

Fort Lauderdale, FL 33304

SEATING IS LIMITED.

RSVP by Friday, August 7.

www.CIGNAevents.com/fl/signup

agenda

- 9:00 – 10:00 **Registration and Breakfast**
- 10:00 – 10:20 **Welcome**
Scott Evelyn, President & General Manager, Florida CIGNA
- 10:20 – 11:20 **Thriving in Times of Change and Uncertainty**
Keynote Speaker Dr. Kriegel, leading authority on change, will provide timely insights, tools and techniques to develop a Change-Ready® mindset.
- 11:20 – 11:30 **Break**
- 11:30 – 12:30 **Employer Core Beliefs: Defining Your Organization's Role in Improving Health**
Wally Gomaa, President
Trajectory Health, LLC
- 12:30 – 1:15 **Lunch**
- 1:15 – 2:45 **Up Close: Real Challenges/Real Results**
Martin County School Board: Building Healthy Lifestyles
Linda King, Risk and Employee Benefits Manager,
Stephanie Morris, Benefits Coordinator,
Martin County School District
CIGNA Companies: Investing in a Healthy Life Strategy
Melissa Frieswick, National Account Executive, CIGNA Companies
- 2:45 – 3:00 **Closing Remarks**
Scott Evelyn



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it's time for a change

